**You’re Invited to an**

**Introduction to Essential Oils!**

(Insert your catchy tag line here)

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**Date & Time:**

April 12, 2014

1:00 pm - 3:00 pm

**Location:**

123 W. 1st Street

Littleton, CO 80100

**Get the scoop on essential oils!**

* Ease pain, depression and stress!
* Increase self-care without decreasing your time!
* Support healthy weight management goals!
* Stop flu and colds before they make you sick!

**Learn the following methods**

* Applying essential oils directly on the body using hands-on approach
* Using inhalation by spreading essential oils on the hands and breathing in the soothing aroma
* Dispersing the essential oil molecules into the air through diffusion

**R.S.V.P.** is **REQUIRED** as Space is Limited!
Reserve your spot by April 8th

Jane Jacob’s

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Bring a Friend and bond with a group that

loves to laugh and feel well!